

# BLUMBERG & CARRIG'S DOUBLE DOG DARE APPLICATION



## DOUBLE DOG DARE

Thursday, August 10, 2017 5:30 p.m., at the Little Falls Watershed (Top Notch Road Entrance)  
2 Mile Mountain Bike and/or 2 Mile Trail Run. Helmets mandatory, course is an unimproved trail.

Name \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Emergency Contact:  
Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

EVENT:  
Bike Only \_\_\_\_\_ Run only \_\_\_\_\_ Combined \_\_\_\_\_

Registration Fee: NONE Workout Towels 10.00 Total: \$ \_\_\_\_\_

Medals will be awarded to finishers in divisions on race day  
\_\_\_\_\_

### Waiver:

In consideration of the acceptance of my entry, I, intending to be legally bound for myself, my heirs and my representatives do hereby release and discharge the City of Little Falls, the Little Falls Family YMCA, race organizers, sponsors and officials of any and all liability arising from injuries, illness, damage or loss I may suffer as a result of my participation and those associated with the use of public areas; that I am to be aware of my own safety; that I share the paths, waterways, streets or roadways with other participants under the same terms.

Signature: \_\_\_\_\_ (parent must sign if under 18), as a parent or guardian of the above minor, hereby give my permission for my child or ward to participate in the event and further agree, individuals and on behalf of my child or ward, to the terms above.